

# EMUFSD Elementary School Lunch

November 2017



**1**  
 ½ & ½ Day  
 ½ an order of Nuggets and  
 ½ an order of Pizza Sticks  
  
 American Hero  
 Roasted Chickpeas

**2**  
 WG Rotini & Meat Sauce  
 W/ Toasted Garlic Bread  
  
 Chicken Patty  
 Ham & Cheese Sandwich  
 (P)  
 Steamed Broccoli

**3**  
 Homemade Pizza Slice  
  
 BBQ Chicken & Cheddar  
 Wrap  
  
 Turkey & Cheese Sandwich  
 Romaine Side Salad

**8**  
 ½ & ½ Day  
 ½ an order of Nuggets and  
 ½ a slice of Pizza  
  
 American Hero  
 Roasted Chickpeas

**9**  
 Nachos Grande  
  
 Chicken Patty  
 Ham & Cheese Sandwich  
 (P)  
 Roasted Broccoli

**VETERAN'S  
 DAY**

**15**  
 ½ & ½ Day  
 ½ an order of Nuggets and  
 ½ an order of Pizza Sticks  
  
 American Hero  
 Roasted Chickpeas

**16**  
 WG Rotini & Meatballs  
 W/ Toasted Garlic Bread  
  
 Chicken Patty  
 Ham & Cheese Sandwich  
 (P)  
 Roasted Broccoli

**17**  
 Homemade Pizza Slice  
  
 BBQ Chicken & Cheddar  
 Wrap  
  
 Romaine Side Salad

**22**  
 ½ & ½ Day  
 ½ an order of Nuggets and  
 ½ a slice of Pizza  
  
 American Hero  
 Roasted Chickpeas

**THANKSGIVING  
 RECESS**

**29**  
 ½ & ½ Day  
 ½ an order of Nuggets and  
 ½ a slice of Pizza  
  
 American Hero  
 Roasted Chickpeas

**30**  
 Nachos Grande  
  
 Chicken Patty  
 Ham & Cheese Sandwich  
 (P)  
 Roasted Broccoli

**Meal Price:  
 \$2.75**  
  
**Reduced Eligible:  
 \$0.25**

**Assorted snack items are offered daily that fit within the new Federal "Smart Snack" guidelines!**

**Grades K-12 are "Offer vs. Serve" and must choose at least 3 of the 5 options below:**

- Meat/Meat Alternate--Whole Grain Item--Fruit Choice--
- Vegetable Choice--Milk Choice--

**\*\*One of the choices MUST be a fruit or vegetable!\*\***

**Items with a (P) may contain pork.**

**Available Daily:**

WG Bagel & RF String Cheese, LF Vanilla Fruit Yogurt Parfait, Salad Choice, S/PB&J

Apples, Oranges, Fruit Cups, Orange Juice, Apple Juice, Fruit Punch, Carrot Sticks, Celery Sticks, Rotating Hot Vegetable

1% White Milk, Fat-Free White, Fat-Free Chocolate

Bread Basket Offered Daily!