

EMUFSD Middle School Lunch

June 2017



5
 ½ & ½ Day
 ½ and order of Mozzarella Sticks
 A ½ a slice of Pizza

 Sweet Potato Fries

 **Please note the additional daily items

6
 Meatloaf W/ Gravy

 Baked Crinkle Fries

 **Please note the additional daily items

7
 Nachos Grande

 Vegetarian Baked Beans

 **Please note the additional daily items

1
 BBQ Chicken & Cheddar Wrap

 Steamed Broccoli

 **Please note the additional daily items

2
“Hot Dog Day/ Field Day”

No Lunches Served

12
 ½ & ½ Day
 ½ and order of Mozzarella Sticks
 A ½ a slice of Pizza

 Sweet Potato Fries

 **Please note the additional daily items

13
 Meatloaf W/ Gravy

 Mashers Potatoes

 **Please note the additional daily items

14
 General Tso's

 Vegetarian Baked Beans

 **Please note the additional daily items

15
 BBQ Chicken & Cheddar Wrap

 Steamed Broccoli

 **Please note the additional daily items

16
 Pizza Bagel

 Sweet Corn Kernels

 **Please note the additional daily items

19
 ½ & ½ Day
 ½ and order of Mozzarella Sticks
 A ½ a slice of Pizza

 Sweet Potato Fries

 **Please note the additional daily items

20
 Meatloaf W/ Gravy

 Baked Crinkle Fries

 **Please note the additional daily items

21
 Pizza Bagel

 Vegetarian Baked Beans

 **Please note the additional daily items

22

23

26



27

28



29

30
Meal Price:
 \$2.75

Reduced Eligible:
 \$0.25

Assorted snack items are offered daily that fit within the new Federal “Smart Snack” guidelines!

Grades K-12 are “Offer vs. Serve” and must choose at least 3 of the 5 options below:

--Meat/Meat Alternate--Whole Grain Item--Fruit Choice--
 --Vegetable Choice--Milk Choice--

****One of the choices MUST be a fruit or vegetable!****

Items with a (P) may contain pork.

****Available Daily:**

WG Bagel & RF String Cheese, LF Vanilla Fruit Yogurt Parfait, Hamburger, Cheeseburger, Chicken Patty, Pizza Choices, Deli Sandwiches, & Salad Choices

Apples, Oranges, Fruit Cups, Orange Juice, Apple Juice, Fruit Punch, Carrot Sticks, Celery Sticks, Romaine Salad, Rotating Hot Vegetable

1% White Milk, Fat-Free White, Fat-Free Chocolate

Bread Basket offered daily!