

EMUFSD Elementary School Lunch

May 2017

1

Max Pizza Sticks W/
Marinara Sauce

Chicken Nuggets W / WG
roll

Turkey & Cheese Sandwich

Corn

2

Boneless BBQ Rib on a
Roll

Corn Dog

Ham & Cheese Sandwich
(P)

Vegetarian Baked Beans

3

Nachos Grande

Pizza Slice

American Hero

Carrot Sticks

4

WG Rotini & Meat Sauce
W/ Toasted Garlic Bread

Chicken Patty

Ham & Cheese Sandwich

Steamed Spinach

5

Deep Dish Pizza

BBQ Chicken & Cheddar
Wrap

Green Beans

8

Max Pizza Sticks W/
Marinara Sauce

Chicken Nuggets W/ WG roll

Turkey & Cheese Sandwich

Corn

9

Chicken Parmesan Sandwich

Corn dog

Ham & Cheese Hero
(P)

Vegetarian Baked Beans

10

Chicken & Cheese
Quesadilla

Pizza Slice

American Hero

Carrot Sticks

11

WG Rotini & Meat Sauce
W/ Toasted Garlic Bread

Chicken Patty

Ham & Cheese Sandwich
(P)

Steamed Spinach

12

Deep Dish Pizza

BBQ Chicken & Cheddar
Wrap

Green Beans

15

Max Pizza Sticks W/
Marinara Sauce

Chicken Nuggets W/ WG
roll

Turkey & Cheese
Sandwich

Corn

16

Budget Vote
Limited Cold Menu
Ham & Cheese Sandwich (P)

Turkey & Cheese Sandwich

Bagel Lunch

Carrots & Apples

17

Nachos Grande

Pizza Slice

American Hero

Carrot Sticks

18

WG Rotini & Meat Sauce
W/ Toasted Garlic Bread

Chicken Patty

Ham & Cheese Sandwich
(P)

Steamed Spinach

19

Deep Dish Pizza

BBQ Chicken & Cheddar
Wrap

Green Beans

22

Max Pizza Sticks W /
Marinara Sauce

Chicken Nuggets W / WG
roll

Turkey & Cheese Sandwich

Corn

23

Chicken Patty Sandwich

Corn Dog

Ham & Cheese Sandwich
(P)

Vegetarian Baked Beans

24

Chicken & Cheese
Quesadilla

Pizza Slice

American Hero

Carrot Sticks

25

WG Rotini & Meat Sauce
W/ Toasted Garlic Bread

Chicken Patty

Ham & Cheese Sandwich
(P)

Steamed Spinach

26

Deep Dish Pizza

BBQ Chicken & Cheddar
Wrap

Turkey & Cheese Sandwich

Green Beans

29

MEMORIAL DAY

30

Boneless BBQ Rib on a
Roll

Corn Dog

Ham & Cheese Sandwich
(P)

Vegetarian Baked Beans

31

Nachos Grande

Pizza Slice

American Hero

Carrot Sticks

**Prepaid
Lunches
Available**

Meal Price:
\$2.75

Reduced Eligible:
\$0.25

Assorted snack items are offered daily that fit within the new Federal "Smart Snack" guidelines!

Grades K-12 are "Offer vs. Serve" and must choose at least 3 of the 5 options below:

- Meat/Meat Alternate--Whole Grain Item--Fruit Choice--
- Vegetable Choice--Milk Choice--

****One of the choices MUST be a fruit or vegetable!****

Items with a (P) may contain pork.

Available Daily:

WG Bagel & RF String Cheese, LF Vanilla Fruit Yogurt Parfait, Salad Choice, S/PB&J

Apples, Oranges, Fruit Cups, Orange Juice, Apple Juice, Fruit Punch, Carrot Sticks, Celery Sticks, Rotating Hot Vegetable

1% White Milk, Fat-Free White, Fat-Free Chocolate

Bread Basket Offered Daily!