

EMUFSD Elementary School Lunch

June 2017

1/2 & 1/2 Day
1/2 and order of Mozzarella Sticks and 1/2 a slice of Pizza

Chicken Nuggets W / WG roll

Turkey & Cheese Sandwich
Corn

Boneless BBQ Rib on a Roll

Corn Dog

Ham & Cheese Sandwich (P)

Vegetarian Baked Beans

BBQ Chicken

Pizza Slice

American Hero

Carrot Sticks

1

Soft Taco Wrap

Chicken Patty

Ham & Cheese Sandwich

Steamed Spinach

2

Pizza Bagel

BBQ Chicken & Cheddar Wrap

Green Beans

5

1/2 & 1/2 Day
1/2 and order of Mozzarella Sticks And 1/2 a slice of Pizza

Chicken Nuggets W / WG roll

Turkey & Cheese Sandwich

Corn

6

Chicken Parmesan Sandwich

Corn dog

Ham & Cheese Hero (P)

Vegetarian Baked Beans

7

BBQ Chicken

Pizza Slice

American Hero

Carrot Sticks

8

Soft Taco Wrap

Chicken Patty

Ham & Cheese Sandwich (P)

Steamed Spinach

9

Pizza Bagel

BBQ Chicken & Cheddar Wrap

Green Beans

12

1/2 & 1/2 Day
1/2 and order of Mozzarella Sticks and 1/2 a slice of Pizza

Chicken Nuggets W / WG roll

Turkey & Cheese Sandwich

13

Boneless BBQ Rib on a Roll

Corn Dog

Ham & Cheese Sandwich (P)

Vegetarian Baked Beans

14

BBQ Chicken

Pizza Slice

American Hero

Carrot Sticks

15

Soft Taco Wrap

Chicken Patty

Ham & Cheese Sandwich (P)

Steamed Spinach

16

“Hot Dog Day / Field Day”

No Lunches Served

19

1/2 & 1/2 Day
1/2 and order of Mozzarella Sticks and 1/2 a slice of Pizza

Chicken Nuggets W / WG roll

Turkey & Cheese Sandwich

20

Chicken Patty Sandwich

Corn Dog

Ham & Cheese Sandwich (P)

Vegetarian Baked Beans

21

22

23



26

27



28

29

Prepaid Lunches Available

30

Meal Price:
\$2.75

Reduced Eligible:
\$0.25

Assorted snack items are offered daily that fit within the new Federal “Smart Snack” guidelines!

Grades K-12 are “Offer vs. Serve” and must choose at least 3 of the 5 options below:

--Meat/Meat Alternate--Whole Grain Item--Fruit Choice--
--Vegetable Choice--Milk Choice--

****One of the choices MUST be a fruit or vegetable!****

Items with a (P) may contain pork.

Available Daily:

WG Bagel & RF String Cheese, LF Vanilla Fruit Yogurt Parfait, Salad Choice, S/PB&J

Apples, Oranges, Fruit Cups, Orange Juice, Apple Juice, Fruit Punch, Carrot Sticks, Celery Sticks, Rotating Hot Vegetable

1% White Milk, Fat-Free White, Fat-Free Chocolate

Bread Basket Offered Daily!