EMUFSD Elementary School Lunch

January 2017

2 **WINTER RECESS**	**3** Chicken Parmesan Hero Corn dog Ham & Cheese Hero (P) Vegetarian Baked Beans	**4** ½ & ½ Day ½ an order of Nuggets and ½ an order of Pizza Sticks American Hero Chickpeas	**5** WG Rotini & Meat Balls w/ Cheese Stick Chicken Patty Ham & Cheese Sandwich (P) Steamed Broccoli	**6** Pepperoni or Cheese Pizza Hot Ham & Cheese Bagel (P) Turkey & Cheese Sandwich Romaine Side Salad
9 Max Pizza Sticks Chicken Nuggets Turkey & Cheese Sandwich Sweet Potato Fries	**10** Cheeseburger Chicken Patty Ham & Cheese Sandwich (P) Vegetarian Baked Beans	**11** ½ & ½ Day ½ an order of Nuggets and ½ an order of Pizza Sticks American Hero Chickpeas	**12** Nachos Grande Chicken Patty Ham & Cheese Sandwich (P) Steamed Broccoli	**13** Pepperoni or Cheese Pizza Hot Ham & Cheese Bagel (P) Turkey & Cheese Sandwich Romaine Side Salad
16 **Martin Luther King Day School Closed**	**17** Chicken Parmesan Hero Corn dog Ham & Cheese Hero (P) Vegetarian Baked Beans	**18** ½ & ½ Day ½ an order of Nuggets and ½ an order of Pizza Sticks American Hero Chickpeas	**19** WG Rotini & Meat Sauce W/ Toasted Garlic Bread Chicken Patty Ham & Cheese Sandwich (P) Steamed Broccoli	**20** Pepperoni or Cheese Pizza Hot Ham & Cheese Bagel (P) Turkey & Cheese Sandwich
23 Max Pizza Sticks Chicken Nuggets Turkey & Cheese Sandwich Sweet Potato Fries	**24** Cheeseburger Chicken Patty Ham & Cheese Sandwich (P) Vegetarian Baked Beans	**25** ½ & ½ Day ½ an order of Nuggets and ½ an order of Pizza Sticks American Hero Chickpeas	**26** Nachos Grande Chicken Patty Ham & Cheese Sandwich (P) Steamed Broccoli	**27** Pepperoni or Cheese Pizza Hot Ham & Cheese Bagel (P) Turkey & Cheese Sandwich Romaine Side Salad
30 Max Pizza Sticks Chicken Nuggets Turkey & Cheese Sandwich Sweet Potato Fries	**31** Chicken Parmesan Hero Corn dog Ham & Cheese Hero (P) Vegetarian Baked Beans		**Meal Price:** *$2.75* **Reduced Eligible:** *$0.25*	**Prepaid Lunches Available**

Assorted snack items are offered daily that fit within the new Federal "Smart Snack" guidelines!

Grades K-12 are "Offer vs. Serve" and must choose at least 3 of the 5 options below:

--Meat/Meat Alternate--Whole Grain Item--Fruit Choice--
--Vegetable Choice--Milk Choice--

****One of the choices MUST be a fruit or vegetable!****

Items with a (P) may contain pork.

Available Daily:

WG Bagel & RF String Cheese, LF Vanilla Fruit Yogurt Parfait, Salad Choice, S/PB&J

Apples, Oranges, Fruit Cups, Orange Juice, Apple Juice, Fruit Punch, Carrot Sticks, Celery Sticks, Rotating Hot Vegetable

1% White Milk, Fat-Free White, Fat-Free Chocolate

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Menus are subject to change without notice