



EMUFSD Elementary School Breakfast

January 2018

<p>1</p> <p>NEW YEARS' DAY</p>	<p>2</p> <p>Oatmeal with Cinnamon Sugar</p> <p>Fruit Choice Milk Choice</p>	<p>3</p> <p>Dutch Waffle w/ syrup</p> <p>Fruit Choice Milk Choice</p>	<p>4</p> <p>Assorted Cereal Choice with String Cheese</p> <p>Fruit Choice Milk Choice</p>	<p>5</p> <p>(P)Ham, Egg & Cheese on WG Bagel</p> <p>Fruit Choice Milk Choice</p>
<p>8</p> <p>Whole Grain Donut Holes</p> <p>Fruit Choice Milk Choice</p>	<p>9</p> <p>Oatmeal with Cinnamon Sugar</p> <p>Fruit Choice Milk Choice</p>	<p>10</p> <p>Dutch Waffle w/ syrup</p> <p>Fruit Choice Milk Choice</p>	<p>11</p> <p>Assorted Cereal Choice with String Cheese</p> <p>Fruit Choice Milk Choice</p>	<p>12</p> <p>P)Ham, Egg & Cheese on WG Bagel</p> <p>Fruit Choice Milk Choice</p>
<p>15</p> <p>MARTIN LUTHER KING JR. DAY</p>	<p>16</p> <p>Oatmeal with Cinnamon Sugar</p> <p>Fruit Choice Milk Choice</p>	<p>17</p> <p>Dutch Waffle w/ Syrup</p> <p>Fruit Choice Milk Choice</p>	<p>18</p> <p>Assorted Cereal Choice with String Cheese</p> <p>Fruit Choice Milk Choice</p>	<p>19</p> <p>(P)Ham, Egg & Cheese on WG Bagel</p> <p>Fruit Choice Milk Choice</p>
<p>22</p> <p>Whole Grain Donut Holes</p> <p>Fruit Choice Milk Choice</p>	<p>23</p> <p>Oatmeal with Cinnamon Sugar</p> <p>Fruit Choice Milk Choice</p>	<p>24</p> <p>Dutch Waffle w/ Syrup</p> <p>Fruit Choice Milk Choice</p>	<p>25</p> <p>Assorted Cereal Choice with String Cheese</p> <p>Fruit Choice Milk Choice</p>	<p>26</p> <p>P)Ham, Egg & Cheese on WG Bagel</p> <p>Fruit Choice Milk Choice</p>
<p>29</p> <p>Whole Grain Fruit Choice Milk Choice</p> <p>Fruit Choice</p>	<p>30</p> <p>Oatmeal with Cinnamon Sugar</p> <p>Fruit Choice Milk Choice</p>	<p>31</p> <p>Dutch Waffle w/ Syrup</p> <p>Fruit Choice Milk Choice</p>	<p>Meal Price: \$1.50</p> <p>Reduced Eligible: \$0.25</p>	

DON'T FORGET!!

If your student qualifies for FREE or REDUCED lunch, they also receive breakfast at the same rate!

***Breakfast is the most important meal of the day!
Don't miss it!***

Items with a (P) may contain pork.

****Available Daily:**

Bagel with Butter or Cream Cheese, Muffins, Cereal, Yogurt Parfait and Egg Sandwiches
(Now offering Sausage Egg Sandwiches!)

Apples, Oranges, Fruit Cups, Orange Juice, Apple Juice, Fruit Punch

Cheerios, Frosted Flakes, Cinnamon Toast Crunch

1% White Milk, Fat-Free White Milk, Fat-Free Chocolate Milk

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