

EMUFSD Elementary School Lunch

December 2017

Meal Price:
\$2.75

Reduced Eligible:
\$0.25



- 1
- Homemade Pizza Slice
 - BBQ Chicken & Cheddar Wrap
 - Turkey & Cheese Sandwich
 - Romaine Side Salad

- 4
- Grilled Cheese Sandwich on WG Bread
 - Boneless Wings W/ WG roll
 - Turkey & Cheese Sandwich
 - Sweet Potato Fries

- 5
- Soft Taco Wrap
 - Chicken Patty on a bun
 - Ham & Cheese Sandwich (P)
 - Vegetarian Baked Beans

- 6
- ½ & ½ Day
½ an order of Nuggets and
½ a slice of Pizza
 - American Hero
 - Roasted Chickpeas

- 7
- Nachos Grande
 - Chicken Patty
 - Ham & Cheese Sandwich (P)
 - Roasted Broccoli

- 8
- French Bread Pizza
 - BBQ Chicken & Cheddar Wrap
 - Romaine Side Salad

- 11
- Cheeseburger on a WG Bun
 - Chicken Nuggets W/ WG roll
 - Turkey & Cheese Sandwich

- 12
- Homemade Macaroni and Cheese
 - Turkey Hot Dog on a WG Roll
 - Ham & Cheese Hero (P)
 - Vegetarian Baked Beans

- 13
- ½ & ½ Day
½ an order of Nuggets and
½ an order of Pizza Sticks
 - American Hero
 - Roasted Chickpeas

- 14
- WG Rotini & Meatballs
W/ Toasted Garlic Bread
 - Chicken Patty
 - Ham & Cheese Sandwich (P)
 - Roasted Broccoli

- 15
- Personal Pizza
 - BBQ Chicken & Cheddar Wrap
 - Romaine Side Salad

- 18
- Grilled Tomato & Cheese Sandwich on WG Bread
 - Boneless BBQ Wings W / WG roll
 - Turkey & Cheese Sandwich
 - Sweet Potato Fries

- 19
- Oven Roasted BBQ Chicken w/ Dinner Roll
 - Chicken Patty
 - Ham & Cheese Sandwich (P)
 - Vegetarian Baked Beans

- 20
- ½ & ½ Day
½ an order of Nuggets and
½ a slice of Pizza
 - American Hero
 - Roasted Chickpeas

- 21
- Nachos Grande
 - Chicken Patty
 - Ham & Cheese Sandwich (P)
 - Roasted Broccoli

- 22
- Pizza Bagel
 - BBQ Chicken & Cheddar Wrap
 - Romaine Side Salad

- 25

- 26

- 27

- 28

- 29

WINTER RECESS

HAPPY HOLIDAYS / HAPPY NEW YEAR

Assorted snack items are offered daily that fit within the new Federal "Smart Snack" guidelines!

Grades K-12 are "Offer vs. Serve" and must choose at least 3 of the 5 options below:

- Meat/Meat Alternate--Whole Grain Item--Fruit Choice--
- Vegetable Choice--Milk Choice--

****One of the choices MUST be a fruit or vegetable!****

Items with a (P) may contain pork.

Available Daily:

WG Bagel & RF String Cheese, LF Vanilla Fruit Yogurt Parfait, Salad Choice, S/PB&J

Apples, Oranges, Fruit Cups, Orange Juice, Apple Juice, Fruit Punch, Carrot Sticks, Celery Sticks, Rotating Hot Vegetable

1% White Milk, Fat-Free White, Fat-Free Chocolate

Bread Basket Offered Daily!